

## Meal #4: Ham Pizza, Veg sticks & Corn Chips



**Standard Lunch: Ham Pizza, Veg sticks & Corn Chips** - Wholemeal pizza base with pizza sauce, ham and cheese served with carrot batons and corn chips  
Special diets: v, df, ve - falafel gf- gf pizza base | df, ve - vegan cheese | h, np, sf - chicken

**Snack:** Fruit Yoghurt (High School + Seasonal fruit)

Special diets: df, ve - trail mix

**Vegetarian Lunch:** *Wholemeal pizza base with pizza sauce, and cheese served with falafel, carrot batons and corn chips* *Snack: Fruit Yoghurt High School + Seasonal fruit*

**Gluten Free Lunch:** *GF pizza base with pizza sauce, ham and cheese served with carrot batons and corn chips* *Snack: Fruit Yoghurt High School + Seasonal fruit*

**Dairy Free Lunch:** *Wholemeal pizza base with pizza sauce, ham and vegan cheese served with falafel, carrot batons and corn chips* *Snack: Trail Mix High School + Seasonal fruit*

**Egg Free Lunch:** Standard Meal

**Halal Lunch:** *Wholemeal pizza base with pizza sauce, chicken and cheese served with carrot batons and corn chips* *Snack: Fruit Yoghurt High School + Seasonal fruit*

**No Beef Lunch:** Standard Meal

**No Pork Lunch:** *Wholemeal pizza base with pizza sauce, chicken and cheese served with carrot batons and corn chips* *Snack: Fruit Yoghurt High School + Seasonal fruit*

**Vegan Lunch:** *Wholemeal pizza base with pizza sauce and vegan cheese served with falafel, carrot batons and corn chips* *Snack: Trail Mix High School + Seasonal fruit*

**Soy Free Lunch:** *Wholemeal pizza base with pizza sauce, chicken and cheese served with carrot batons and corn chips* *Snack: Fruit Yoghurt High School + Seasonal fruit*

### French Bakery Wholemeal Pizza Sheet

**Ingredients:** Water, Wholemeal Wheat Flour, Wheat Flour, Wheat Gluten, Texture Improver (sugar, vegetable oil, emulsifier (472e, 481)), Yeast, Salt (iodised), Citrus Fibre, Bread Improver (flour treatment agent (300), enzymes).

**Contains: gluten (wheat)**

### Bella Pizza Sauce

**Ingredients:** tomatoes, sugar, salt, herbs, garlic, onion powder, vinegar, olive oil, corn starch

### Hellers Pizza Ham

**Ingredients:** Pork (51%), water, Potato Starch, Salt, Sugar, Thickeners (1442, 407a, 415), Soy Protein, Mineral Salt (451), Antioxidant (316), Preservative (250), Rice flour, Flavouring (Soy, Smoke), Maple Syrup.

**Contains: Soy**

Libelle Group makes every attempt to identify ingredients that may cause allergic reactions for those with food allergies.

This information is provided in good faith and is believed to be accurate.

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**GKCC Bakery Blend Cheese**

**Ingredients:** Pasteurised Milk, Salt, Cultures, Enzymes (Non Animal Rennet), Anticaking Agent (460), Preservative (200, 235).

**Contains: dairy**

**Loft Smoky BBQ Mayo**

**Ingredients:** Cold Pressed Rapeseed oil, water, raw sugar, vinegar, tomato paste (2%), salt, molasses, corn starch, mustard, thickener (modified corn starch, modified starch, Xanthum gum), glucose, smoke powder, mustard, vinegar powder, chipotle pepper, garlic, paprika, natural colour (beta carotene), cloves, white pepper

**Veesey Pizza Blend Cheese Dairy Free Cheese Alternative**

**Ingredients:** Water, Coconut oil (24%), Modified starch (1422), Salt, Flavours, Colour (Beta-Carotene), Preservative (Sorbic acid) **Product claims** Dairy Free, Gluten Free, Soy Free, Lactose Free

**Giannis GF white Pizza Bases**

**Ingredients:** Gluten Free Flour (Rice Flour, Maize Starch, Modified Maize Starch (1422), Tapioca Starch, Potato Starch, Soy Flour), Water, Egg, Canola Oil, Iodised Salt, Sugar, Dry Yeast, Preservative (202)

**Contains: Soy, Egg**

**Tegel Shredded Chicken Classic Roast HSR 4.0 Certified Halal**

**Ingredients** Chicken (95%), salt, sugar, acidity regulators (326,262), maltodextrin, dehydrated vegetables, maize starch, herbs, preservative (223), spices, colour (150d) , spice extracts

**Contains: Sulphites**

**TCG Falafel**

**Ingredients:** Chickpeas (57%), onion, seasoning (rice flour, dehydrated vegetables, spices, salt, herb, soy protein, maltodextrin (maize), yeast extract, maize flour, dextrose (tapioca, maize)vegetable oils (canola, olive), mineral salts (450,500), herb extract, flavour), water, vegetable fibre (pea), vegetable oil, corn starch, modified food starch (E1412), red bell peppers

**Contains: Soy**

**Fresh n Fruity Apricot n Custard Yoghurt Halal suitable, vegetarian suitable**

**Ingredients:** Skim Milk, Sugar, Apricot (5.8%) (Diced and Rehydrated Dried Apricots (Sulphites)), Cream, Thickeners (1442, 410), Gelatine, Natural Flavour, Live Cultures (Acidophilus and Bifidus), Preservative (202), Natural Colours (160a, 160b), Acidity Regulators (330, 332)

**Contains: Dairy**