

Meal #12: Pork and Chilli Bean Nachos

Standard Lunch: Pork and Chilli Bean Nachos - Corn Chips with pulled pork, chilli beans and corn with cheese and carrot

Special diets: v, ve - chilli beans|h, np, sf - chicken| sf - 4 bean mix|df, ve - vegan cheese

Snack: Tinned fruit slices

Special diets: none

Vegetarian Lunch: Corn Chips with *chilli beans* and corn with cheese and carrot Snack: Tinned fruit slices

Gluten Free Lunch: Standard Lunch

Dairy Free Lunch: Corn Chips with pulled pork, chilli beans and corn with *vegan cheese* and carrot Snack: Tinned fruit slices

Egg Free Lunch: Standard Lunch

Halal Lunch: Corn Chips with *halal chicken*, chilli beans and corn with cheese and carrot Snack: Tinned fruit slices

No Beef Lunch: Standard Lunch

No Pork Lunch: Corn Chips with *halal chicken*, chilli beans and corn with cheese and carrot Snack: Tinned fruit slices

Vegan Lunch: Corn Chips with *chilli beans* and corn with *vegan cheese* and carrot Snack: Tinned fruit slices

Soy Free Lunch: Corn Chips with *chicken, 4 bean mix* and corn with cheese and carrot Snack: Tinned fruit slices

Romiros Corn Chips Natural

Ingredients: Stone Ground Corn, vegetable oil (protected with antioxidant (319), water, mineral salt (529)

CRAIGS BEANS CHILLI

Ingredients: Chilli Sauce [Tomatoes, Sugar, Onion, Maize Thickener (1422), Salt, Mustard Seeds, Spice & Herb Blend including Chilli (Contains Traces of Wheat & Sesame), Food Acid (Acetic Acid)], Red Kidney Beans (Contain Traces of Soy) (47%)

Contains: Sulphites, Soy

GILMOURS BAKED BEANS

Ingredients: Tomato sauce (tomatoes, water, sugar, salt, maize flour, maize thickener (1412), stabilisers (412, 466), food acids (acetic acid, citric acid), flavours, garlic, spices, acidity regulator (sodium bicarbonate)), navy beans (48%) (contain soy).

Contains: Soy

Hellers Pulled Pork BBQ

Ingredients: Pork (49%), BBQ Sauce (Tomato Pulp, Sugar, Maltodextrin, White Vinegar, vegetable Powder, Yeast extract, Hydrolysed Vegetable Protein (maize), TI Regulators (326, 262), Salt, Maltodextrin, Mineral Salt (451,450), Hydrolysed Yeast Extract, Spice Extract, Preservative (223), Flavouring, Vegetable Oil

Contains: Sulphites

GKCC Bakery Blend Cheese

Ingredients: Pasteurised Milk, Salt, Cultures, Enzymes (Non Animal Rennet), Anticaking Agent (460), Preservative (200, 235).

Contains: dairy

Tegel Shredded Chicken Classic Roast **HSR 4.0 Certified Halal**

Ingredients Chicken (95%), salt, sugar, acidity regulators (326,262), maltodextrin, dehydrated vegetables, maize starch, herbs, preservative (223), spices, colour (150d) , spice extracts

Contains: Sulphites

Veeseey Pizza Blend Cheese Dairy Free Cheese Alternative

Ingredients: Water, Coconut oil (24%), Modified starch (1422), Salt, Flavours, Colour (Beta-Carotene), Preservative (Sorbic acid) **Product claims Dairy Free, Gluten Free, Soy Free, Lactose Free**

PAMS FOUR BEAN MIX: Ingredients: Cannelline Beans (15%), Red Kidney Beans (15%), Butter Beans (15%), Chickpeas (15%), Water, Salt

Libelle Group makes every attempt to identify ingredients that may cause allergic reactions for those with food allergies.

This information is provided in good faith and is believed to be accurate.

January 2022