

## Meal #11: Loaded Wedges

### LOADED WEDGES SCORED WELL IN OUR SCHOOL SURVEY

Baked Agria Potato wedges loaded with a saucy bean and corn mix and topped with cheese!  
Veggies, starchy veg and beans will keep you full, get you moving and help you learn!



### Standard Lunch: Loaded Wedges - Potato Wedges topped with Mexican style beans and cheese

Special diets: df, ve - vegan cheese| sf - 4 bean mix

### Snack: Hidden Vege Muffin

Special diets: gf, ef, ve - popcorn, cracker or trail mix

**Vegetarian Lunch:** Standard Lunch

**Gluten Free Lunch:** Potato Wedges topped with Mexican style beans and cheese      *Snack Popcorn*

**Dairy Free Lunch:** Potato Wedges topped with Mexican style beans and *vegan cheese*      *Snack: Hidden Vege Muffin*

**Egg Free Lunch:** Potato Wedges topped with Mexican style beans and cheese      *Snack Popcorn*

**Halal Lunch:** Standard Lunch

**No Beef Lunch:** Standard Lunch

**No Pork Lunch:** Standard Lunch

**Vegan Lunch:** Potato Wedges topped with Mexican style beans and *vegan cheese*      *Snack: Popcorn*

**Soy Free Lunch:** Potato Wedges topped with *4 bean mix* and cheese      *Snack: Hidden Vege Muffin*

### MR CHIPS 1/4 CUT AGRIA POTATOES

Ingredients: Potato 98%, Canola Oil

### CRAIGS BEANS CHILLI

**Ingredients:** Chilli Sauce [Tomatoes, Sugar, Onion, Maize Thickener (I422), Salt, Mustard Seeds, Spice & Herb Blend including Chilli (Contains Traces of Wheat & Sesame), Food Acid (Acetic Acid)], Red Kidney Beans (Contain Traces of Soy) (47%)

**Contains: Sulphites, Soy**

### GILMOURS BAKED BEANS

**Ingredients:** Tomato sauce (tomatoes, water, sugar, salt, maize flour, maize thickener (I412), stabilisers (412, 466), food acids (acetic acid, citric acid), flavours, garlic, spices, acidity regulator (sodium bicarbonate)), navy beans (48%) (contain soy).

**Contains: Soy**

Libelle Group makes every attempt to identify ingredients that may cause allergic reactions for those with food allergies.

This information is provided in good faith and is believed to be accurate.

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## **GKCC Bakery Blend Cheese**

**Ingredients:** Pasteurised Milk, Salt, Cultures, Enzymes (Non Animal Rennet), Anticaking Agent (460), Preservative (200, 235).

**Contains: dairy**

## **Veesey Pizza Blend Cheese Dairy Free Cheese Alternative**

**Ingredients:** Water, Coconut oil (24%), Modified starch (1422), Salt, Flavours, Colour (Beta-Carotene), Preservative (Sorbic acid) **Product claims** Dairy Free, Gluten Free, Soy Free, Lactose Free

## **Original Foods Hidden Veg Pumpkin Pie Muffin**

**Ingredients:** Pumpkin (34%), Wheat Flour, Sugar, Vegetable Oil, Wholemeal Wheat Flour, Egg, Brown Sugar, Maltodextrin, Raising Agents (450, 500), Free Flow Agent (170), Spices, Salt, Natural Flavour. Contains: Gluten and Egg. May be Present: Milk, Soy, Peanuts and Tree Nuts

**Contains: Gluten and Egg**