

LUNCH
BY
LIBELLE 

Term 2, 2022

PURIRI WEEK

23/05 - 27/05

MONDAY

Beef & Mash

Beef pieces with mashed potato, mixed veggies and gravy.

Dietary Alternatives:

V, VE: Mushroom and grain super sausage. H, NB: Chicken.
DF, VE: DF mashed potato.
H, NB, DF, VE: Vegan gravy.

Snack: Hidden Vege Muffin

Snack Dietary Alternatives:
GF, EF, VE: Popcorn, cracker or trail mix.

TUESDAY

Nacho Salad with Chicken & Cheese

Corn chips with chicken, kidney bean and cheese salad.

Dietary Alternatives:

V, VE: Bean and cheese salad.
DF, VE: Vegan cheese.

Snack: Apple or Peach Slices

Snack Dietary Alternatives:
None.

WEDNESDAY

Sweet & Sour Pork

Sweet and sour vegful sauce with pork strips and mixed veg with brown rice.

Dietary Alternatives:

V, VE: Tofu. H, NP: Chicken.

Snack: Pikelet

Snack Dietary Alternatives:
GF, SF: Trail mix.
DF, EF, VE: Vegan pikelet.

THURSDAY

Hawaiian Pizza, Vege Sticks & Corn Chips

Wholemeal pizza base with ham and pineapple, served with veggie sticks and corn chips.

Dietary Alternatives:

V, DF, VE: Falafel. GF: GF pizza base. DF, VE: Vegan cheese.
H, NP, SF: Chicken.

Snack: Fruit Yoghurt + Years 9 to 13: Seasonal Fruit

Snack Dietary Alternatives:
DF, VE: Trail mix.

FRIDAY

Cheesy Chicken Pasta

Wholemeal pasta with cheese sauce, chicken, cheese and mixed veggies.

Dietary Alternatives:

V: Cannelinni beans. GF: GF pasta. DF, VE: Savoury lentil and tomato sauce, vegan cheese.

Snack: Cookie

Snack Dietary Alternatives:
GF, SF: Trail mix.

Key: (V) Vegetarian. (GF) Gluten Free. (DF) Dairy Free. (EF) Egg Free. (H) Halal. (NB) No Beef. (NP) No Pork. (SF) Soy Free.

Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need these options please make the school aware two weeks in advance. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.



lunchbylibelle@libelle.co.nz

facebook.com/lunchbylibelle

www.lunchbylibelle.co.nz