

LUNCH
BY
LIBELLE



Term 2, 2021

KAURI WEEK

28/06-02/07

MONDAY

Pasta & Meatballs

Pasta with Napoli tomato sauce, beef meatballs, seasonal vegetables and cheese.

Dietary Alternatives:
V, Ve, GF, DF, NB, H: Amazeballs
GF: GF pasta
DF, VE: VE Cheese

Snack: Fruity Yoghurt

Snack Dietary Alternatives:
None



TUESDAY

Chicken Wrap

Wholemeal wrap, chicken tender, edam cheese, lettuce, carrot.

Dietary Alternatives:
V: Smashed chickpeas
GF: GF wrap, roast chicken
DF: Roast chicken, VE cheese
H: Roast chicken
VE: Smashed chickpea, VE cheese

Snack: Hummus, Corn Chips, Veggie Sticks*Fruit

Snack Dietary Alternatives:
None

WEDNESDAY

Nachos

Corn chips, chilli beans, chicken, carrot, corn, cheese and sour cream.

Dietary Alternatives:
V, VE: Chilli beans
DF, VE: VE cheese
EF, VE: VE mayo

Snack: Cookie*Fruit

Snack Dietary Alternatives:
GF: GF cookie

THURSDAY

Cheese & Ham Salad Sandwich

*Wholemeal bread or long roll, sliced ham, cheese, leafy greens, mayo, relish, carrot batons. *Corn patty.*

Dietary Alternatives:
V: Tofu Slices or Egg Mayo
VE: Tofu Slices
GF: GF bread or roll

Snack: Seasonal Fruit

Snack Dietary Alternatives:
None

FRIDAY

Sweet & Sour Pork on Rice

Pork, sweet and sour sauce, mixed veggies, chicken broth.

Dietary Alternatives:
V, VE: Tofu, vegetable broth

Snack: Muffin

Snack Dietary Alternatives:
GF, DF, EF, VE: Bliss balls



Key: (V) Vegetarian. (GF) Gluten Free. (DF) Dairy Free. (EF) Egg Free. (H) Halal. (NB) No Beef. (NP) No Pork. *Senior students additional item.

Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need these options please make the school aware two weeks in advance. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.