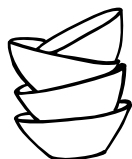




MONDAY



Queens
Birthday



TUESDAY

Beef & Bean Wrap

Beef, refried beans and cheese
in a wholemeal wrap.

Dietary Alternatives:
V: Refried Beans & Cheese Wrap
VE: Refried Beans and Salad Wrap

**Snack: Pretzels &
Veggie Sticks***Fruit

Snack Dietary Alternatives:
GF: Corn Chips



WEDNESDAY

Pasta Salad Bowl

Pasta salad with broccoli
cheese bites.

Dietary Alternatives:
V, VE, NP, H: Protein: Chicken,
Chickpeas, or Egg

Snack: Yoghurt

Snack Dietary Alternatives:
DF, V, VE: Fruit Salad



THURSDAY

Chicken & Slaw Filled Roll

Roast Chicken with coleslaw.

Dietary Alternatives:
GF: GF Roll
V: Egg Mayonnaise & Coleslaw
VE: Tofu Slices & Coleslaw

**Snack: Blueberry Cake
or Seasonal Fruit***kumara
rosti, carrot batons

Snack Dietary Alternatives:
GF, DF, EF, VE: Kea Cookie

FRIDAY

Macaroni Cheese

Dietary Alternatives:
GF: GF Pasta with Cheese Sauce
DF, VE: Pasta with Lentils, Tomato
& Vegetable Sauce

**Snack: Blueberry Cake
or Seasonal Fruit**

Snack Dietary Alternatives:
GF, DF, EF, VE: Kea Cookie



Key: (V) Vegetarian. (GF) Gluten Free. (DF) Dairy Free. (EF) Egg Free. (H) Halal. (NB) No Beef. (NP) No Pork. *Senior students additional item.

Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need these options please make the school aware two weeks in advance. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.