

LUNCH
BY
LIBELLE 

Term 2, 2021

TOTARA WEEK

24/05-28/05

MONDAY

Stir fried rice

Dietary Alternatives:
None

Snack: Yoghurt

Snack Dietary Alternatives:
DF, VE: Fruit Salad



TUESDAY

Chicken Salad Wrap

Dietary Alternatives:
V: Cheese Salad Wrap
VE: Hummus Salad Wrap

Snack: Hummus,
chickpea snack, celery
and carrot sticks*^{fruit}

Snack Dietary Alternatives:
None

WEDNESDAY

Burger Bites Bento Box

Dietary Alternatives:
GF, DF, NB, V, VE: Chickpea
Fritter

Snack: Cookies

Snack Dietary Alternatives:
GF, EF: Blissbites



THURSDAY

Chicken Mayo Roll

Dietary Alternatives:
GF: GF Roll

Snack: Pikelet or Fruit
Salad Cup

Snack Dietary Alternatives:
GF, DF, EF, VE: Blissbites or Kea
Cookie

FRIDAY

Chicken and Rice with salad

Dietary Alternatives:
V, VE: Tofu & Rice with Salad

Snack: Pikelet or Fruit
Salad Cup

Snack Dietary Alternatives:
GF, DF, EF, VE: Blissbites or Kea
Cookie



Key: (V) Vegetarian. (GF) Gluten Free. (DF) Dairy Free. (EF) Egg Free. (H) Halal. (NB) No Beef. (NP) No Pork. *Senior students additional item.

Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need these options please make the school aware two weeks in advance. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.

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