

## MONDAY

### Pasta & Meatballs<sup>(EF)</sup>

**Dietary Alternatives:**  
Gluten free pasta (GF), kumara & quinoa amazeballs (GF,DF,V,VE),  
vegan cheese (DF,VE)

#### Snack: Yoghurt

**Snack Dietary Alternatives:**  
Fruit salad cup (DF,VE)



## TUESDAY

### Chicken Salad Wrap

**Dietary Alternatives:**  
Gluten free tortilla (GF), roast shredded chicken (GF,DF,Halal),  
smashed chickpeas (V,VE), vegan cheese (DF,VE)

#### Snack: Corn chips, carrot sticks\*fruit

**Snack Dietary Alternatives:**  
None

## WEDNESDAY

### Nachos

**Dietary Alternatives:**  
Chilli bean mix (V,VE), vegan cheese (DF,VE)

#### Snack: ANZAC cookie

**Snack Dietary Alternatives:**  
Kea cookie (GF,VE)



## THURSDAY

### Cheese Salad Sandwich and Corn Patty

**Dietary Alternatives:**  
Gluten free bread (GF),  
vegan cheese (DF,VE), vegan mayonnaise (EF,VE)

#### Snack: Seasonal fruit or apple spice muffin

**Snack Dietary Alternatives:**  
If muffin is served – kea cookie (GF,DF,EF,VE)

## FRIDAY

### Pork Noodles

**Dietary Alternatives:**  
Vegetable stock (V,Halal,VE)

#### Snack: Seasonal fruit or apple spice muffin

**Snack Dietary Alternatives:**  
If muffin is served – kea cookie (GF,DF,EF,VE)

**Key:** (V) Vegetarian. (GF) Gluten Free. (DF) Dairy Free. (EF) Egg Free. (H) Halal. (NB) No Beef. (NP) No Pork. \*Senior students additional item.

Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need these options please make the school aware two weeks in advance. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.