

PURIRI WEEK

12/04-16/04

MONDAY

Soft Shell Taco^(V,EF)

Chilli beans, cheese,
cauliflower bites,
rainbow slaw, and
mayo in a soft taco

Snack: Muffin

GF: GF tortilla
DF: No cheese

GF/DF snack: Cookie

TUESDAY

Chicken Nacho Bowl^(GF)

Shredded chicken,
lettuce, cheese, carrot
sour cream, chipotle
sauce, tomato salsa
and corn chips

Snack: Orange slices

V: Peking tofu



WEDNESDAY

Ham and Egg Sandwich

Ham, egg, mayo and
lettuce in between
slices of bread with a
corn fritter on the side

Snack: Fruit yoghurt

V: Egg & cheese
GF: GF bread

DF snack: Orange wedges

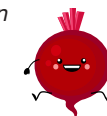
THURSDAY

Crispy Chicken Roll

A crispy chicken
tender, lettuce, grated
carrot, cucumber and
mayonnaise in an
Oatlicious long roll

Snack: Fresh apple

V: Kumara rosti
GF: GF bread, shredded chicken
DF: Shredded chicken



FRIDAY

Beef Wrap

Beef bites, lettuce,
grated carrot, cheese
and burger sauce in a
wholemeal wrap

Snack: Pretzels

V: Kumara rosti
GF: GF wrap, roast beef
DF: Roast beef

GF snack: GF cookie

V-Vegetarian. GF-Gluten Free. DF-Dairy Free. EF-Egg Free. Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need gluten free, vegetarian or dairy free options please make the school aware two weeks in advance. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.