

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAL OPTION  
ONE

**Teriyaki Beef Bites Wrap**

Beef bites with garden mix, grated carrot and teriyaki sauce in a wholemeal wrap.

**Snack:** Popcorn, carrot cake.

**Butter Chicken on Rice**

Shredded chicken with a butter curry sauce, served on rice with a side of rainbow slaw.

**Snack:** Corn chips, cheese slices.



**Classic Pulled Pork & Salad Roll**

Pulled pork with garden mix and mayonnaise in a speedy bake roll.

**Snack:** Banana cake, crackers.

**Moroccan Lamb Bites on Rice**

Lamb bites with rainbow slaw and morrocan sauce on rice.

**Snack:** Veggie sticks, pretzel.

**Mayo Fish Bites on Pasta**

Oven baked crumbed fish bites with rainbow slaw and mayonnaise on pasta.

**Snack:** Veggie sticks, cookie.

MEAL OPTION  
TWO

**Sweet Chilli Beef Bites Wrap**

Beef bites with garden mix, grated carrot and sweet chilli sauce in a wholemeal wrap.

**Snack:** Popcorn, carrot cake.

**Honey Soy Chicken on Rice**

Shredded chicken with a honey soy sauce, served on rice with a side of rainbow slaw.

**Snack:** Corn chips, cheese slices.



**BBQ Pulled Pork & Salad Roll**

Pulled pork with garden mix and chipotle BBQ sauce in a speedy bake roll.

**Snack:** Banana cake, crackers.

**Tomato Lamb Bites on Rice**

Lamb bites with rainbow slaw and tomato salsa on rice.

**Snack:** Veggie sticks, pretzel.

**Aioli Fish Bites on Pasta**

Oven baked crumbed fish bites with rainbow slaw and aioli on pasta.

**Snack:** Veggie sticks, cookie.

FOR STUDENTS WITH SPECIFIED  
DIETARY REQUIREMENTS ONLY

**Vegetarian:** Kumara Rosti with garden mix, grated carrot and teriyaki sauce in a wholemeal wrap.

**Gluten Free:** Kumara Rosti with garden mix, grated carrot and teriyaki sauce in a GF wrap.  
**Snack:** Popcorn, GF cookie.

**Vegetarian:** Mixed vege with a honey soy sauce, served on rice with a side of rainbow slaw.

**Gluten Free:** Mixed vege with a honey soy sauce, served on rice with a side of rainbow slaw.  
**Snack:** (as above)

**Vegetarian:** Kumara rosti with garden mix and chipotle BBQ sauce in a speedy bake roll.

**Gluten Free:** Kumara rosti with garden mix and chipotle BBQ sauce in a GF wrap. **Snack:** GF cookie, GF cookie.

**Vegetarian:** Kumara rosti with rainbow slaw and morrocan sauce on rice.

**Gluten Free:** Kumara rosti with rainbow slaw and morrocan sauce on rice. **Snack:** Veggie sticks, GF cookie.

**Vegetarian:** Mixed vege with rainbow slaw and aioli on pasta.

**Gluten Free:** Mixed vege with rainbow slaw and aioli on rice. **Snack:** Veggie sticks, GF cookie.

• Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need gluten free or vegetarian options please make your teacher aware. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.