

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAL OPTION ONE

Ham & Mayo Wrap

Ham with garden mix, rainbow slaw, grated cheese and mayonnaise in a spinach wrap.

Snack: Cheese & crackers, cherry tomatoes.

Chicken Pasta Salad

Pasta elbows mixed with shredded chicken, cucumber, capsicum, rainbow slaw and mayonnaise topped with bacon bits.

Snack: Cheese & crackers, green grapes.

Egg & Mayo Sandwich

A classic egg sandwich with iceberg lettuce, cucumber slices and mayonnaise in between slices of wholegrain bread.

Snack: Corn chips, banana cake.

Beef Bolognese Lasagne

Beef lasagne with a rich bolognese sauce, served with a garden mix salad on the side.

Snack: Carrot cake, cucumber sticks.

Roast Beef & Aioli Sandwich

Roast beef with garden mix, cheese and aioli in between slices of wholegrain bread.

Snack: Carrot sticks, green grapes.



MEAL OPTION TWO

Ham & Sweet Chilli Wrap

Ham with garden mix, rainbow slaw, grated cheese and sweet chilli sauce in a spinach wrap.

Snack: Cheese & crackers, cherry tomatoes.

Chicken Pasta Salad

As above.

Egg & Aioli Sandwich

A classic egg sandwich with iceberg lettuce, cucumber slices and aioli in between slices of wholegrain bread.

Snack: Corn chips, banana cake.

Cheesy Beef Lasagne

Beef lasagne with a creamy cheese sauce, served with a garden mix salad on the side.

Snack: Carrot cake, cucumber sticks.

Roast Beef & Onion Relish Sandwich

Roast beef with garden mix, cheese and an onion relish in between slices of wholegrain bread.

Snack: Carrot sticks, green grapes.

FOR STUDENTS WITH SPECIFIED DIETARY REQUIREMENTS ONLY

Vegetarian & gluten free options are available on request.

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• Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need gluten free or vegetarian options please make your teacher aware. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.