

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAL OPTION ONE

BBQ Pulled Pork Taco

Pulled pork, asian slaw, garden mix and chipotle BBQ sauce in a soft shell taco.

Snack: Carrot cake, popcorn.



Lamb & Mayo Wrap

Lamb bites with garden mix, grated carrot and mayonnaise in a spinach wrap.

Snack: Cucumber sticks, cherry tomatoes.

Chicken Aioli Sandwich

Shredded chicken with iceberg lettuce, cucumber slices and aioli in between slices of wholemeal bread.

Snack: Cheese & crackers, carrot sticks.

Cheesy Vege Lasagne

Mixed vegetable lasagne with a cheese sauce, served with rainbow slaw on the side.

Snack: Vanilla sponge, green grapes.

New York Salami & Cheese Sandwich

Mild salami, cheese, iceberg lettuce and a New York style relish in between slices of wholemeal bread.

Snack: Green grapes, pineapple sticks.

MEAL OPTION TWO

Aioli Pulled Pork Taco

Pulled pork, asian slaw, garden mix and aioli in a soft shell taco.

Snack: Carrot cake, popcorn.

Lamb & Sweet Chilli Wrap

Lamb bites with garden mix, grated carrot and sweet chilli sauce in a spinach wrap.

Snack: Cucumber sticks, cherry tomatoes.

Chicken & Mayo Sandwich

Shredded chicken with iceberg lettuce, cucumber slices and mayonnaise in between slices of wholemeal bread.

Snack: Cheese & crackers, carrot sticks.

Tuscan Vege Lasagne

Mixed vegetable lasagne with a tuscan sauce, served with rainbow slaw on the side.

Snack: Vanilla sponge, green grapes.

Salami & Cheese Sandwich

Mild salami, cheese, iceberg lettuce and mayonnaise in between slices of wholemeal bread.

Snack: Green grapes, pineapple sticks.

FOR STUDENTS WITH SPECIFIED DIETARY REQUIREMENTS ONLY

Vegetarian & gluten free options are available on request.

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• Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need gluten free or vegetarian options please make your teacher aware. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.

