

MONDAY

**Ham & Mayo Wrap**

*Ham with garden mix, rainbow slaw, grated cheese and mayonnaise in a spinach wrap.*

**Snack:** Cheese & crackers, cherry tomatoes.

TUESDAY

**Chicken Pasta Salad**

*Pasta elbows mixed with shredded chicken, cucumber, capsicum, rainbow slaw and mayonnaise topped with bacon bits.*

**Snack:** Cheese & crackers, green grapes.

WEDNESDAY

**Egg & Mayo Sandwich**

*A classic egg sandwich with iceberg lettuce, cucumber slices and mayonnaise in between slices of wholegrain bread.*

**Snack:** Corn chips, banana cake.

THURSDAY

**Beef Bolognese Lasagne**

*Beef lasagne with a rich bolognese sauce, served with a garden mix salad on the side.*

**Snack:** Carrot cake, cucumber sticks.

FRIDAY

**Roast Beef & Aioli Sandwich**

*Roast beef with garden mix, cheese and aioli in between slices of wholegrain bread.*

**Snack:** Carrot sticks, green grapes.

MEAL OPTION  
ONE

**Ham & Sweet Chilli Wrap**

*Ham with garden mix, rainbow slaw, grated cheese and sweet chilli sauce in a spinach wrap.*

**Snack:** Cheese & crackers, cherry tomatoes.

**Chicken Pasta Salad**

*As above.*



Vegetarian & gluten free options are available on request.

**Egg & Aioli Sandwich**

*A classic egg sandwich with iceberg lettuce, cucumber slices and aioli in between slices of wholegrain bread.*

**Snack:** Corn chips, banana cake.

Vegetarian & gluten free options are available on request.



**Cheesy Beef Lasagne**

*Beef lasagne with a creamy cheese sauce, served with a garden mix salad on the side.*

**Snack:** Carrot cake, cucumber sticks.

Vegetarian & gluten free options are available on request.

**Roast Beef & Onion Relish Sandwich**

*Roast beef with garden mix, cheese and an onion relish in between slices of wholegrain bread.*

**Snack:** Carrot sticks, green grapes.



FOR STUDENTS WITH SPECIFIED  
DIETARY REQUIREMENTS ONLY



• Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need gluten free or vegetarian options please make your teacher aware. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.