

MONDAY

Ham & Mayo Wrap

Ham with garden mix, rainbow slaw, grated cheese and mayonnaise in a spinach wrap.

Snack: Cheese & crackers, cherry tomatoes.

TUESDAY

Chicken Pasta Salad

Pasta elbows mixed with shredded chicken, cucumber, capsicum, rainbow slaw and mayonnaise topped with bacon bits.

Snack: Cheese & crackers, cucumber slices.

WEDNESDAY

Egg & Mayo Sandwich

A classic egg sandwich with iceberg lettuce, cucumber slices and mayonnaise in between slices of wholegrain bread.

Snack: Corn chips, banana cake.

THURSDAY

Beef Bolognese Lasagne

Beef lasagne with a rich bolognese sauce, served with a garden mix salad on the side.

Snack: Carrot cake, cucumber sticks.

FRIDAY

Roast Beef & Aioli Sandwich

Roast beef with garden mix, cheese and aioli in between slices of wholegrain bread.

Snack: Carrot sticks, Anzac cookie.



MEAL OPTION ONE

MEAL OPTION TWO

FOR STUDENTS WITH SPECIFIED DIETARY REQUIREMENTS ONLY

Ham & Sweet Chilli Wrap

Ham with garden mix, rainbow slaw, grated cheese and sweet chilli sauce in a spinach wrap.

Snack: Cheese & crackers, cherry tomatoes.

Vegetarian & gluten free options are available on request.



Chicken Pasta Salad

As above.

Vegetarian & gluten free options are available on request.



Egg & Aioli Sandwich

A classic egg sandwich with iceberg lettuce, cucumber slices and aioli in between slices of wholegrain bread.

Snack: Corn chips, banana cake.

Vegetarian & gluten free options are available on request.

Cheesy Beef Lasagne

Beef lasagne with a creamy cheese sauce, served with a garden mix salad on the side.

Snack: Carrot cake, cucumber sticks.

Vegetarian & gluten free options are available on request.

Roast Beef & Onion Relish Sandwich

Roast beef with garden mix, cheese and an onion relish in between slices of wholegrain bread.

Snack: Carrot sticks, Anzac cookie.

Vegetarian & gluten free options are available on request.



• Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need gluten free or vegetarian options please make your teacher aware. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.