

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAL OPTION ONE

Tomato Beef Lasagne

Classic beef lasagne with bolognese sauce, served with rainbow slaw.

Snack: Cucumber sticks, banana cake.

Beef Bolognese on Pasta

Beef bites on pasta topped with a bolognese sauce and served with rainbow slaw.

Snack: Cherry tomatoes, corn chips.



**Soup of the Day:
Harvest Pumpkin Soup**

A delicious hot soup made from pureed harvest pumpkin. This dish is served hot and with a bread roll. A winter essential.

Snack: Cookie, popcorn.

**Sandwich of the Day:
Chicken Aioli Sandwich**

A chicken sandwich with shredded chicken, mashed avocado, garden mix, aioli and mango chutney in between two slices of wholegrain bread.

Snack: Grapes, cake.

**Mongolian Lamb Bites
on Rice**

Lamb bites in an authentic mongolian sauce, served on rice and with a side of rainbow slaw.

Snack: Cheese and crackers, pineapple sticks.

MEAL OPTION TWO

Cheesy Beef Lasagne

Beef lasagne with a creamy cheese sauce, served with rainbow slaw.

Snack: Cucumber sticks, banana cake.

Moroccan Beef on Pasta

Beef bites on pasta topped with an authentic moroccan sauce and served with rainbow slaw.

Snack: Cherry tomatoes, corn chips.

Soup of the Day:

As above.



Sandwich of the Day:

As above.

**Tuscan Vegetable Lamb
Bites on Rice**

Lamb bites in a tuscan vegetable sauce, served on rice and with a side of rainbow slaw.

Snack: Cheese and crackers, pineapple sticks.

FOR STUDENTS WITH SPECIFIED DIETARY REQUIREMENTS ONLY

Vegetarian & gluten free options are available on request.

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* Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need gluten free or vegetarian options please make your teacher aware. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.