

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAL OPTION ONE

Butter Chicken on Rice

Shredded chicken with a butter curry sauce, served on rice with a side of rainbow slaw and dressing.

Snack: Cherry tomatoes, carrot cake.

Moroccan Salami Pasta

Pasta in an authentic moroccan sauce with salami. Served with a side of garden mix and a caesar dressing.

Snack: Cookie, carrot sticks.



**Soup of the Day:
Kumara & Vege Soup**

A delicious hot soup made from pureed kumara and a variety of other vegetables. This dish is served hot, with a bread roll and garnished with parsley. A winter essential.

Snack: Cheese slices, cherry tomatoes.

**Sandwich of the Day:
Classic Ham Sandwich**

The classic ham sandwich featuring ham, cheese, coleslaw, mayonnaise and tomato relish in between two slices of wholegrain bread.

Snack: Grapes, corn chips.

Sweet Chilli Chicken Wrap

A delicious chicken tender, grated carrot, garden mix and sweet chilli sauce all in a wrap.

Snack: Cake, pineapple sticks.

MEAL OPTION TWO

Sweet and Sour Chicken on Rice

Shredded chicken with a sweet and sour sauce, served on rice with a side of rainbow slaw and dressing.

Snack: Cherry tomatoes, carrot cake.

Pronto Napoli (Italian) Salami Pasta

Pasta in a pronto napoli (Italian) sauce with salami. Served with a side of garden mix and a caesar dressing.

Snack: Cookie, carrot sticks.

Soup of the Day:

As above.



Sandwich of the Day:

As above.

Chicken Caesar Wrap

A delicious chicken tender, grated carrot, garden mix and caesar sauce all in a wrap.

Snack: Cake, pineapple sticks.

FOR STUDENTS WITH SPECIFIED DIETARY REQUIREMENTS ONLY

Vegetarian & gluten free options are available on request.

Vegetarian & gluten free options are available on request.



Vegetarian & gluten free options are available on request.

Vegetarian & gluten free options are available on request.



Vegetarian & gluten free options are available on request.

• Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need gluten free or vegetarian options please make your teacher aware. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.