

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

MEAL OPTION ONE

**Chicken & Aioli Wrap**

Wholemeal wrap with shredded chicken, garden mix, grated carrot and aioli sauce.

*Snack:* Corn chips, carrot cake

**Teriyaki Beef Bites on Rice**

Beef bites with rainbow slaw on rice and a teriyaki sauce.

*Snack:* Veggie sticks, crackers.



**Mayo & Broccoli Bites Wrap**

Wholemeal wrap with broccoli bites, garden mix and mayonnaise.

*Snack:* Banana cake, popcorn.



**BBQ Ham & Salad Roll**

Sliced ham with garden mix and bbq sauce in a speedy bake roll.

*Snack:* Banana cake, pretzel.

**Moroccan Chicken on Pasta**

Shredded chicken & rainbow slaw on pasta topped with a morrocan sauce.

*Snack:* Veggie sticks, cheese slices.

MEAL OPTION TWO

**Chicken & Mayo Wrap**

Wholemeal wrap with shredded chicken, garden mix, grated carrot and mayonnaise.

*Snack:* Corn chips, carrot cake

**Sweet Chilli Beef Bites on Rice**

Beef bites with rainbow slaw on rice and a sweet chilli sauce.

*Snack:* Veggie sticks, crackers.



**Tomato Salsa & Broccoli Bites Wrap**

Wholemeal wrap with broccoli bites, garden mix and a tomato salsa.

*Snack:* Banana cake, popcorn.

**Mayo Ham & Salad Roll**

Sliced ham with garden mix and mayonnaise in a speedy bake roll.

*Snack:* Banana cake, pretzel.

**Chicken and Cheese Sauce on Pasta**

Shredded chicken & rainbow slaw on pasta topped with a cheese sauce.

*Snack:* Veggie sticks, cheese slices.

FOR STUDENTS WITH SPECIFIED DIETARY REQUIREMENTS ONLY

Vegetarian & gluten free options are available on request.

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\* Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need gluten free or vegetarian options please make your teacher aware. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.