

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

MEAL OPTION ONE

**Tomato Salsa Ham & Salad Roll**

*Sliced ham with garden mix and tomato salsa in a speedy bake roll.*

**Snack:** Cheese & crackers.

**Chicken & BBQ Wrap**

*Wholemeal wrap with a chicken tender, garden mix, grated carrot and bbq sauce.*

**Snack:** Veggie sticks, banana cake.



**Moroccan Beef Bites Wrap**

*Wholemeal wrap with beef bites, garden mix salad, grated carrot and moroccan sauce.*

**Snack:** Veggie sticks, banana cake.

**BBQ Pulled Pork Risotto**

*Pulled pork and BBQ sauce served on rice with a side of mixed veggies.*

**Snack:** Veggie sticks, corn chips.

**Chicken and Cheese Sauce on Pasta**

*Shredded chicken & rainbow slaw on pasta topped with a cheese sauce.*

**Snack:** Popcorn, cookie.



MEAL OPTION TWO

**Mayonnaise Ham & Salad Roll**

*Sliced ham with garden mix and mayonnaise in a speedy bake roll.*

**Snack:** Cheese & crackers.

**Chicken & Teriyaki Wrap**

*Wholemeal wrap with a chicken tender, garden mix, grated carrot and teriyaki sauce.*

**Snack:** Veggie sticks, banana cake.



**Aioli Beef Bites Wrap**

*Wholemeal wrap with beef bites, garden mix salad, grated carrot and aioli.*

**Snack:** Veggie sticks, banana cake.

**Sweet Chilli Pulled Pork Risotto**

*Pulled pork and sweet chilli sauce served on rice with a side of mixed veggies.*

**Snack:** Veggie sticks, corn chips.

**Chicken Bolognese on Pasta**

*Shredded chicken & rainbow slaw on pasta topped with a bolognese sauce.*

**Snack:** Popcorn, cookie.

FOR STUDENTS WITH SPECIFIED DIETARY REQUIREMENTS ONLY

Vegetarian & gluten free options are available on request.

Vegetarian & gluten free options are available on request.

Vegetarian & gluten free options are available on request.

Vegetarian & gluten free options are available on request.

Vegetarian & gluten free options are available on request.

\* Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need gluten free or vegetarian options please make your teacher aware. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.