

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAL OPTION
ONE

Honey Soy Lamb Bites Wrap

Lamb bites with garden mix, grated carrot & honey soy sauce in a wholemeal wrap.

Snack: Veggie stick, banana cake.

Teriyaki Chicken on Rice

Shredded chicken with a teriyaki sauce, served on rice with mixed veggies and a sprinkle of sesame seeds.

Snack: Cookie, cheese slices.

Bolognese Beef Bites Pasta

Beef bites, rainbow slaw and pasta with a bolognese sauce.

Snack: Corn chips, banana cake

Aioli & Broccoli Bites Wrap

Wholemeal wrap with broccoli bites, garden mix, grated carrot and aioli.

Snack: Veggie sticks, popcorn.

Classic Ham Roll

Ham with garden mix and mayonnaise in a speedy bake roll.

Snack: Cookie, pretzel.



MEAL OPTION
TWO

Mayo Lamb Bites Wrap

Lamb bites with garden mix, grated carrot & mayonnaise in a wholemeal wrap.

Snack: Veggie stick, banana cake.

Butter Chicken on Rice

Shredded chicken with a butter curry sauce, served on rice with mixed veggies and a sprinkle of sesame seeds.

Snack: Cookie, cheese slices.

Moroccan Beef Bites Pasta

Beef bites, rainbow slaw and pasta with a moroccan sauce.

Snack: Corn chips, banana cake

Tomato Salsa & Broccoli Bites Wrap

Wholemeal wrap with broccoli bites, garden mix, grated carrot and tomato salsa.

Snack: Veggie sticks, popcorn.

BBQ Ham Roll

Ham with garden mix and BBQ sauce in a speedy bake roll.

Snack: Cookie, pretzel.



Vegetarian & gluten free options are available on request.

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FOR STUDENTS WITH SPECIFIED
DIETARY REQUIREMENTS ONLY

* Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need gluten free or vegetarian options please make your teacher aware. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.